

Mini Vinnies Lent Calendar

Welcome to Lent! We are delighted that you're joining us to prepare for Easter. This year we're mixing it up. There is a colouring sheet and on that colouring sheet there are forty different objects, each object corresponds to a box and a challenge. Just simply choose an object each day, except Sundays, colour in the object and complete the challenge. We hope you'll enjoy it and it'll help you get ready for Easter.

BIRD

If you can, go for a walk and count how many birds you can spot

CUPCAKE

Try baking a cake and giving it to someone

LETTER S

Try and stay silent for as long as you can

CAT

Care for a pet

SOCKS

Donate some of your clothing to a charity shop

BED

Tidy your bedroom

FISH

Learn about another religion today

SHIRT

Try and dress as smart as you can all day

LETTER A

Ask someone if you can help them with something

PENCIL

Draw a picture of Jesus in the desert

PRESENT

Make a gift for someone

CAKE

Decorate something such as a cake

SINGER

You can't talk today, you're only allowed to sing

FOOTBALL

If you can, get out and play a sport today

BOOK

Start a new book or finish an old one

BANANA

Try and eat extra healthy today



youngvincentians@svp.org.uk



020 7703 3030

LETTER H

Happy! Be as happy as you can for the whole day

CANDLE

Spend some time praying today

HARP

Listen to some music that you wouldn't normally listen to.

WASHING UP

Help your family with the washing up

TV

No TV today!

PAINT BRUSH

Paint a picture for a friend

ICE CREAM

Give up a snack today

CANDLE

Spend some time praying today

SMILEY FACE

Keep smiling the whole day

TREE

If you can, go for a walk

TEA POT

Make someone a cup of tea

LETTER X

Learn about the life of St Andrew

DRESS

Try making an item of clothing and then donating it

TURTLE

Learn something new about the ocean

CHERRIES

Today is a treat day!

FLOWERS

Pick some flowers for someone

HEARTS

Write a letter to someone you care about

LAPTOP

If you can, go without the internet all day

EGGS

Tell someone about the true meaning of Easter

LETTER M

Make somebody laugh

PERSON DANCING

No walking today, only dancing

CYCLIST

Cycle a journey you would normally drive

ST VINCENT DE PAUL

Say a prayer and ask for the intercession of Saint Vincent de Paul

THE WORD LENT

Congratulations on completing the challenges!