

St Wilfrid's Catholic Primary School - 2025/2026 Curriculum

PE EYFS & KS1

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Outdoor Learning Movement and Using Space	Outdoor Learning Nativity	Outdoor Learning Ball Skills and Large Equipment	Outdoor Learning Gymnastics	Outdoor Learning Dance	Outdoor Learning Athletics
Year 1	Outdoor Learning Ball Skills: Hands 1	Rackets bats and balls Nativity - Dance	Dance: The Zoo Ball Skills: Feet	Gymnastics: Wide, narrow, curled Locomotion: Running	Team Building Dance: Heroes	Health and Wellbeing Games for Understanding
Year 2	Gymnastics: Linking Ball Skills: Hands	Nativity: Dance Rackets Bats and Balls	Dance: Growing Ball Skills : Feet	Locomotion: Dodging Gymnastics: Pathways	Athletics Heath and Wellbeing	Games for Understanding Outdoor Learning

KS2

	Autumn1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Football Mindfulness	Dance: Weather Hockey	Netball Gymnastics: Symmetry & Asymmetry	Football Outdoor Learning	Athletics Tennis	Tag Rugby Athletics
Year 4	Football Netball	Dance: The Greeks Hockey	Basketball Gymnastics: Bridges	Dance: The Greeks Athletics	Tennis Outdoor Learning	Athletics Tag Rugby
Year 5	Football Netball	Basketball Outdoor Learning	Gymnastics: Counter balance and counter tension	Dance: Space Athletics	Cricket Rounders	Tag Rugby Dodgeball
Year 6	Netball Football	Dance: World War 2 Basketball	Gymnastics: Matching and mirroring Outdoor Learning	Health Related Exercise Cricket	Athletics Rounders	Dodgeball Tag Ruby