

THE SIGN OF THE CROSS

The shortest summary of faith is the sign of the cross.

In the name of the Father, and of the Son and of the Holy Spirit.

1. The sign of the cross starts with the right hand on the forehead with the father in heaven. He has created the world.



2. The hand goes down towards earth, because Jesus Christ, the Son of God, became man. He shares all the joy and the sadness that happens on earth with us.



3. After, the hand goes left, to my heart, where God's Holy Spirit lives.



4. Then the hand goes right, as a sign that God's liberating love embraces the whole world and does not forget anything or anybody.

