



## St Wilfrid's Catholic Primary School

### Personal, Social, Health and Economic Education (PSHE)

Academic Year	Designated Senior Person	Deputy Designated Senior Person	Nominated Governor	Chair of Governors
2017-2018	A Weir	J McEniff	E Morrissey	E Morrissey
2018-2019	A Weir	J McEniff	E Morrissey	E Morrissey
2019-2020	A Weir	J McEniff	E Morrissey	E Morrissey
2020-2021	J McEniff	P O'Hara	E Morrissey	E Morrissey
2021-2022	J McEniff	M Davies P Harkness	E Morrissey	E Morrissey
2022-2023	J McEniff	P Harkness	E Morrissey	E Morrissey

Review Date	Changes made	By whom	Date ratified at FGB
September 2017			November 2017
September 2018			November 2018
September 2020	To be reviewed – delayed due to Covid		
September 2021			
September 2022	Updated	J McEniff	October 2022

## ***MISSION STATEMENT***

*"I have come that they may have life,  
and have it to the full."*

*John 10:10*



*At St. Wilfrid's we love one another,  
show respect and accept responsibility.  
Embracing opportunity and nurturing creativity  
we share in the joy of Jesus.*

## Policy Statement

In this policy, the governors, senior leaders and teachers - in partnership with pupils and their parents - set out our rationale for, and approach to, Personal, Social, Health & Economic (PSHE) education in our school.

PSHE education at St Wilfrid's closely links with the Catholic life of our school as many of the themes and ideas taught in our units involve Spiritual, Moral, Social, Vocational and Cultural issues. National Curriculum Guidance on PSHE States: *Schools must provide a PSHE programme to equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.*

The policy should be read together with the linked [Relationships and Sex Education \(RSE\) policy](#).

## Mission Statement

This policy has been developed within the spirit and context of our Mission Statement. We will love one another, show respect and accept responsibility.

## Introduction

Current regulations and statutory guidance from the Department for Education state, [Relationships Education and Health Education must be taught in all primary schools from September 2020](#). Both of these subjects and themes will be taught through RSE and as part of our integrated PSHE education programme, as they already have been for many years. This guidance has been reviewed to ensure that our school policy and approach is in-line with both statutory requirements and established best practice.

The provision of a PSHE education programme, supported by a curriculum that provides many opportunities for personal and social development, set within a 'healthy school' that models supportive behaviours and offers opportunities for young people to practise personal and social skills and make real decisions about their lifestyle, is central to our school's response to these requirements.

Other statutory guidance documents that inform our school's PSHE policy include:

- Equality Act (2010)
- Keeping Children Safe in Education (2022)
- Relationships Education, Relationships and Sex Education (RSE) and Health Education (2019)
- Ofsted School Inspection Handbook (2019)

## Aims

We are a caring, inclusive school and aim for every member of our school community to feel valued and respected. We all have the right to be treated with respect and fairness. The school PSHE Policy is therefore designed to encourage the way in which all members – pupils, staff, parents and governors, can work together in a mutually supportive way. It aims to promote an environment where everyone feels safe and secure and where the health and well-being of individuals is

paramount. Relationships should be based on respect, fairness, honesty, courtesy and consideration.

- The development of a personal identity and high levels of motivation
- The development of positive social interaction and the skills to live and work with others
- The development of the ability to be an active citizen

Personal, Social, Health and Economic education is a broad subject which covers a wide range of topics under the umbrella of PSHE. It includes topics such as bullying, healthy eating, relationships and sex education, drugs, alcohol and tobacco, staying safe, mental health and emotional wellbeing which are delivered in an integrated way to pupils so that they have the knowledge, skills, and attributes they need to keep themselves healthy and safe and to prepare them for life and work in modern Britain.

PSHE also makes a considerable contribution to safeguarding and helps us to ensure pupils know how to keep themselves safe and well.

*“PSHE education helps pupils to develop the knowledge, skills and attributes they need to thrive as individuals, family members and members of society. From making responsible decisions about alcohol to succeeding in their first job, PSHE education helps pupils to manage many of the most critical opportunities, challenges and responsibilities they will face growing up.”* (PSHE Association)

When delivering PSHE at St Wilfrid’s we intend to provide a curriculum which is accessible to all through high-quality, age-appropriate teaching and materials. As a result, children are taught how to stay healthy, how to stay safe on and off-line, how to manage risks safely, how to manage their emotions and to understand and develop safe and healthy relationships both now and in their future lives. Pupils are taught how to make informed decisions in their lives, enabling them to become confident, healthy, independent, and responsible members of a society.

PSHE is therefore a vital part of our whole school approach to pupils’ wider development, which is also supported by promoting positive relationships, increasing pupils’ self-esteem, encouraging teamwork and effective group enquiry, enabling young people to make positive lifestyle choices, helping pupils to deal with emotions appropriately and encouraging right choices.

## **Teaching and Learning**

We use a range of teaching and learning styles. We place an emphasis on active learning by including the children in discussions, investigations and problem-solving activities. We also use weekly circle times to encourage the children to discuss and address issues within a supportive environment. PSHE is taught weekly, each class uses a ‘big book’ to record pupil voice and photographs of practical activities.

## **Resources**

As a Catholic School we deliver our RSE curriculum using the **Journey in Love** resources which are in line with the directive from Shrewsbury Diocese that only approved schemes are used for the delivery of Relationships and Sex Education.

The **PSHE Association** have developed a Programme of Study for Key Stages 1-4, 2020 which has three core themes from which our aims are taken:

- Relationships
- Health and Well Being
- Living in the Wider World

In addition to the above, '**Statements to Live By**' is a unique resource initially developed by teachers across the Middlesbrough, Leeds, Hallam, and Hexham and Newcastle Dioceses and is used successfully in a number of schools throughout our Diocese.

The resource is rooted in nine guiding principles which support the distinctive nature of Catholic schools. The statements make the Catholic values of the school explicit, promote a positive and caring Christian ethos that is understood and communicated to everyone, promote emotional literacy and contribute towards community cohesion and the common good.

To enable us to teach the children at St Wilfrid's all about the protected characteristics which form the Equality Act we use the **No Outsider's** resources based on picture books. Materials used enable us to understand, acknowledge and celebrate our differences as human beings.

## **Inclusion**

At St Wilfrid's we teach PSHE to all children, whatever their ability or specific need. PSHE forms part of the school curriculum policy to provide a broad and balanced education to all children. Through our PSHE teaching we provide learning opportunities that enable all pupils to make progress. We do this by setting suitable learning challenges and responding to each child's different needs. We enable pupils to have access to the full range of activities involved in learning PSHE.

## **Assessment**

Teachers assess the children's work in PSHE by making informal judgements as they observe pupils during lessons. We have clear expectations of what the pupils will know, understand and be able to do at the end of each key stage. Assessment should offer the children the opportunity to reflect on their own progress.

## **Roles and Responsibilities**

### The School Governors will

- Take an active interest in promoting, monitoring and reviewing the school policy
- Visit the school to inform their views of PSHE

### Staff Responsibilities

- Ensure that discrete and explicit teaching of the core themes of the PSHE Programmes of Study takes place regularly

- Provide a wide variety of opportunities and experiences for all children regardless of their starting points to show progress

### **Policy Review Date**

This policy and procedures will be reviewed annually, with opportunities for consultation with staff, governors, pupils and parents.

### **Related Policies**

RSE Policy, Anti-Bullying Policy, Behaviour Policy, Safeguarding Policy,