

PSHE Long Term Plan - 2021 to 2022

Year group: YEAR 3

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>Statements to live by</p> <p><i>(weekly through circle time in class 8.50-9.10 each Monday and whenever it is deemed necessary)</i></p>	<p>1. We are all special</p> <p>2. I can say one good thing about myself</p> <p>3. I can say how I feel</p> <p>4. I can laugh and have fun</p> <p>5. I know what to do if I see anyone being hurt</p> <p>6. I understand that rights match responsibility</p>	<p>7. I try to stand up for myself and others without hurting others</p> <p>8. I try to be just and fair</p> <p>9. I can tell how I look after myself</p> <p>10. I think before I make choices that affect my health</p> <p>11. I can work, rest and pray each day</p> <p>12. Simple things make us happy</p>	<p>13. I try to love others as I love myself</p> <p>14. I try to follow our school and classroom rules</p> <p>15. I know I belong in a community that includes my school</p> <p>16. I know we are happiest when we are united</p> <p>17. I listen to what you say. I show that I am listening to you</p> <p>18. I co-operate with others in work and play</p>	<p>19. I try to use words that make the world a better place</p> <p>20. I try to appreciate the beauty and wonder in the world around me</p> <p>21. I know that it is OK for me to make mistakes</p> <p>22. I can learn from my mistakes and failures</p> <p>23. I try to keep going when things are difficult and not give up hope</p> <p>24. I know what humility means</p>	<p>25. I know when to ask for help and who to ask for help</p> <p>26. I can recognise comfortable and uncomfortable feelings</p> <p>27. I know how to help others when they are in trouble</p> <p>28. I understand what trust means</p> <p>29. I try to forgive people when they hurt me</p> <p>30. I try to accept forgiveness from others</p>	<p>31. I know how to show I am sorry</p> <p>32. I understand the importance of peace</p> <p>33. I know what human dignity means and I show that I respect others</p> <p>34. I stand up for people who are being treated unfairly</p> <p>35. I notice that we are the same and we are different</p> <p>36. I try to be accepting of others</p>
Journey in love - RSE	<i>How we live in love</i>					
	<i>Social & Emotional</i>		<i>Physical</i>		<i>Spiritual</i>	
SEAL	<i>New Beginnings</i>	<i>Friendships</i>	<i>Going for goals</i>	<i>Good to be me</i>	<i>Relationships</i>	<i>Changes</i>
No Outsiders	<i>To understand how difference can affect someone</i>	<i>To understand what 'discrimination' means</i>	<i>To find a solution to a problem</i>	<i>Use strategies to help someone who feels different</i>	<i>To be welcoming</i>	<i>Review</i>
Online Safety	<i>See Computing Curriculum</i>					
Citizenship	<i>NSPCC</i>	<i>Anti-Bullying</i>	<i>Police</i>	<i>money</i>	<i>First Aid / safety</i>	<i>careers</i>
Mission Values	<i>Love</i>	<i>Respect</i>	<i>Creativity</i>	<i>Responsibility</i>	<i>Opportunity</i>	<i>Joy</i>